



**H.E.A.R. Devotional
February 19 - May 13, 2018**

Devotional Schedule

Dear North Park Family,

This devotional is designed to help you engage in reading God's Word as we preach through the book of Romans. Notice there are no dates on each of the pages in the devotional because we want you to do the devotional as you have time. So, in other words, if you miss a day, or two, or 10, don't feel like you have to go back and catch up. Just pick up on the day that we are currently at and do devotions for that day. I have listed the date of the week and given 5 devotionals for each week. I have found that the Psalms and Proverbs work great for those days that don't have assigned passages. We will be using the H.E.A.R. journal method for studying the passages. It is something I have been using for the past year and I have found it to be very beneficial. If you already have a Bible Study method that you prefer, that is fine, the point isn't the method, but that we are studying God's word together. I have attached an article about how to do a H.E.A.R. journal on the next page and I will also be explaining it in the sermon on February 18th.

I am really excited to journey through God's word together as we read Romans!

Sincerely,
Pastor Phil

February 19 - 25 – Whole book of Romans

1. Romans 1-3
2. Romans 4-6
3. Romans 7-9
4. Romans 10-12
5. Romans 13-16

Memory Verse: Romans 1:16-17

Feb 26 - March 4 – Romans 1

1. Romans 1
2. Romans 1:1-17
3. 1 Peter 3:13-22
4. Acts 4:1-22
5. Romans 1:18-32

Memory Verse: Romans 1:16-17

March 5 - 11 – Homosexuality

1. Genesis 2, Matthew 19:4-6
2. Genesis 19, Leviticus 18:22 and 20:13
3. 1 Corinthians 6:9-11 and 1 Timothy 1:9-10
4. Romans 1:18-32
5. Romans 2:1-16

Memory Verse: Romans 1:16-17

March 12 - 18 – Romans 2

1. Romans 2
2. Romans 2:1-11
3. Matthew 7:1-6
4. James 1:19-27
5. Romans 2:12-29

Memory Verse: Romans 1:16-17

March 19 - 25 – Romans 3-4

1. Romans 3-4
2. Romans 3:1-20
3. Romans 3:21-31
4. Hebrews 11
5. Romans 4

Memory Verse: Romans 3:25-26

March 26 - April 1 – Romans 5-6

1. Romans 5-6
2. Romans 5:1-11
3. Romans 5:12-21
4. Romans 6:1-14
5. Romans 6:15-23

Memory Verse: Romans 3:25-26

April 2 - 8 – Romans 7

1. Romans 1-2
2. Romans 3-4
3. Romans 5-6
4. Romans 7
5. Romans 7

Memory Verse: Romans 3:25-26

April 9 - 15 – Romans 8

1. Romans 8
2. Romans 8:1-17
3. Romans 8:18-30
4. Romans 8:31-39
5. Romans 8

Memory Verse: Romans 8:1-2

April 16 - 22 – Romans 9-11

1. Romans 9-11
2. Romans 9:1-29
3. Romans 9:30-10:21
4. Romans 11:1-10
5. Romans 11:11-36

Memory Verse: Romans 8:1-2

April 23 - 29 – Romans 12

1. Romans 12
2. Romans 12:1-8
3. 1 Corinthians 12
4. Ephesians 4:1-16
5. Romans 12:9-21

Memory Verse: Romans 12:9-10

April 30 - May 6 – Romans 13-15

1. Romans 13-15
2. Romans 13:1-7
3. Romans 13:8-14
4. Romans 14:1-15:13
5. Romans 15:14-24

Memory Verse: Romans 12:9-10

May 7 - 13 – Romans 16 and Wrap Up

1. Romans 1-4
2. Romans 5-8
3. Romans 9-11
4. Romans 12-15
5. Romans 16

Memory Verse: Romans 12:9-10

H.E.A.R. JOURNAL explanation

The **H.E.A.R.** journaling method promotes reading the Bible with a life-transforming purpose. No longer will your focus be on checking off the boxes on your daily reading schedule; your purpose will instead be to read in order to understand and respond to God's Word.

The acronym **H.E.A.R.** stands for **Highlight, Explain, Apply, and Respond**. Each of these four steps contributes to creating an atmosphere to hear God speak. After settling on a reading plan and establishing a time for studying God's Word, you will be ready to H.E.A.R. from God.

For an illustration, let's assume that you begin your quiet time in the book of 2 Timothy, and today's reading is the first chapter of the book. Before reading the text, pause to sincerely ask God to speak to you. It may seem trite, but it is absolutely imperative that we seek God's guidance in order to understand His Word (1 Corinthians 2:12-14). Every time we open our Bibles, we should pray the simple prayer that David prayed: *"Open my eyes, that I may behold wondrous things out of your law (Word)"* (Psalm 119:18).

After praying for the Holy Spirit's guidance, open your notebook or journal, and at the top left-hand corner, write the letter H. This exercise will remind you to read with a purpose. In the course of your reading, one or two verses will usually stand out and speak to you. After reading the passage of Scripture, **Highlight** each verse that speaks to you by copying it under the letter "H". Write out the following:

- The name of the book
- The passage of Scripture
- The chapter and verse numbers that especially speak to you
- A title to describe the passage
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This practice will make it easier to find the passage when you want to revisit it in the future.

After you have highlighted the passage, write the letter "E" under the previous entry. At this stage you will **EXPLAIN** what the text means. By asking some simple questions, with the help of God's Spirit, you can understand the meaning of a passage or verse. The next chapter will teach you in detail how to understand the meaning of a passage. Until then, here are a few questions to get you started:

Why was this written?

To whom was it originally written?

How does it fit with the verses before and after it?

Why did the Holy Spirit include this passage in the book?

What is He intending to communicate through this text?

At this point, you are beginning the process of discovering the specific and personal word that God has for you from His Word. What is important is that you are engaging the text and wrestling with its meaning.

After writing a short summary of what you think the text means, write the letter “A” below the letter “E”. Under the “A”, write the word **Apply**. This application is the heart of the process. Everything you have done so far culminates under this heading. As you have done before, answer a series of questions to uncover the significance of these verses to you personally, questions like:

How can this help me?

What does this mean today?

What would the application of this verse look like in my life?

What does this mean to me?

What is God saying to me?

These questions bridge the gap between the ancient world and your world today. They provide a way for God to speak to you from the specific passage or verse. Answer these questions under the “A”. Challenge yourself to write between two and five sentences about how the text applies to your life.

Finally, below the first three entries, write the letter “R” for **Respond**. Your response to the passage may take on many forms. You may write a call to action. You may describe how you will be different because of what God has said to you through His Word. You may indicate what you are going to do because of what you have learned. You may respond by writing out a prayer to God. For example, you may ask God to help you to be more loving, or to give you a desire to be more generous in your giving. Keep in mind that this is your response to what you have just read.

Notice that all of the words in the H.E.A.R. formula are action words: Highlight, Explain, Apply, and Respond. God does not want us to sit back and wait for Him to drop some truth into our laps. Instead of waiting passively, God desires that we actively pursue Him. Jesus said, *Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you* (Matthew 7:7).

Think of the miracle of the Bible. Over centuries of time, God supernaturally moved upon a number of men in an unusual way that resulted in them writing the exact words of God. God led His people to recognize these divine writings, and to distinguish them from everything else that has ever been written. Then God’s people brought these sixty-six books together. The preservation and survival of the Bible is as miraculous as its writing. Then God gave men, beginning with Gutenberg’s printing press, technological knowledge to copy and transmit the Bible so that all people could have it. All because God has something to say to *you*.

You can find more resources from the creators of the H.E.A.R. journal method at www.replicate.org